

# Health Screening & Monitoring During COVID-19

Screening, monitoring, and testing can be helpful in limiting the spread of COVID-19. An important part of keeping schools safe is actively encouraging sick staff and students to stay home if they are ill and reinforcing the importance of knowing the symptoms of COVID-19.

Daily health screens of students and staff for COVID-19 symptoms are a recommendation of the CDC. Therefore, Rowanty Technical Center has decided to assess student temperatures and symptoms (or absence of symptoms) each day.

## Section 1: Symptoms

People with these symptoms may have COVID-19:

- A fever (Temperature 100.0 degrees Fahrenheit or higher).
- Cough
- Shortness of breath or difficulty breathing
- Chills
- Sore throat
- Muscle pain
- Diarrhea
- Nausea or vomiting
- Headache
- New loss of taste or smell
- Congestion or running nose
- Persistent pain or pressure in the chest

This is not all the possible symptoms. Other symptoms can be found on the CDC website at <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/symptom-screening.html>.

## Section 2: COVID-19 Screening Questions

Students and staff should assess themselves for symptoms of COVID-19 before reporting to school and/or maybe asked the following by school personnel upon arrival:

“YES or NO since my last day in the building, have I had any of the following:”

- A fever (100.0 or higher) or a sense of having a fever?
- A cough that cannot be attributed to another health condition?
- Shortness of breath that cannot be attributed to another health condition?
- Chills that cannot be attributed to another health condition?
- A sore throat that cannot be attributed to another health condition?
- Muscle aches that cannot be attributed to another health condition or specific activity?

If an individual answers YES to any of the screening questions before arriving, they should stay home and not enter the building. If an individual reports COVID-19 symptoms upon arrival, the school should activate the emergency protocol for COVID-19.